

CHAPTER FOUR: HEALTH AND MEDICAL SUPERVISION

Health and Medical Supervision	Recommendations of the Medical Office of Health and Fire Department
Revised: December 18, 2014 Revised: September 2017 Revised: October 2020	Policy Number: 4.1 (Replaces Policy 1.26)

Policy Statement:

Every premise used for a licensed child care centre must be inspected and meet the approval of the local Medical Officer of Health and local Fire Department.

Procedure:

A Public Health Inspector may visit a licensed child care centre program at any time and will be viewing such things as the following:

1. Windows
Ten Percent of the play/activity space is to be served by windows with half of these open able to provide ventilation.
2. Heat
At least 20 C (68 F) is to be maintained in the play/ activity area of the child care centre. If hot water or steam is used, protective covers are required on the radiators.
3. Lighting
Artificial illumination in the play/activity space of the child care centre needs to be at the level of 55 dekalux.
4. Washrooms
Appropriate number of flush toilets and sinks must be available for the number and ages of children in attendance (two and a half to five years- one sink and toilet per 15 children). Washrooms will be viewed for the following:
 - i. Open front toilet seats
 - ii. Hot and cold water
 - iii. Soap dispenser (generally liquid)
 - iv. Proper ventilation- mechanical recommended
 - v. Single service paper towels (or individual cloth towels)
5. Water

Water to be no hotter than 48.8C (120 F). A tempering device may be used where water is too hot. In rural areas water is to be tested twice yearly (recommended spring and fall). This service is available at no charge from the Public Health

6. Kitchen

Food handling facilities and practices are reviewed with particular focus on the following:

- i. No carpet (washable tile or linoleum recommended)
- ii. Two compartment sink for dishwashing and preparation of food, as well as appropriate dishwashing procedures.
- iii. One hand wash sink
- iv. Dishwasher recommended (three compartment sink if no dishwasher)
- v. Proper storage for dry foods
- vi. Proper refrigeration
- vii. Proper ventilation
- viii. Disposable glasses preferred
- ix. Proper lighting
- x. Cleanliness

7. For wading pools:

- Wading pools are filled with fresh water and sanitized/disinfected after each use.
- Children who are not fully toilet trained should wear diapers designed for swimming.
- Wading pools are stored in such a way that they don't collect rain water (to prevent mosquitoes (etc).
- Children should be within arm's reach of a staff person.

8. For water/sensory tables:

- The water tables are filled with fresh water and sanitized at the end of each day the water table is in use.
- Children with cuts, sores etc. on their hands should not be permitted to use a communal water/sensory table.
- Cups and other open vessels should not be used so that children are discouraged from drinking water in the sensory table.

Procedures

1. Recommendations or instructions provided to the centre in a written report from the local medical officer of health and fire department have been carried out, if applicable.

2. Any recommendations from a local medical officer of health, the fire department, a program advisor and/or any inspector are recorded in the daily written record.

3. Where a report has been made by the local medical officer of health or the local fire department, The report is kept on the premises.

Copies of the reports are to be sent to the Executive Director upon receipt and must be sent to the program advisor within 2 business days by the Executive Director.

Or

Where there are no reports made by the local medical officer of health or the local fire department, The licensee confirms that no reports have been made by the local medical officer of health or the local fire department.